

## Order Brochures or Print from Website

- \_\_\_ ABIN-PA in Action
- \_\_\_ Brain Injury Basics
- \_\_\_ Building New Lives
- \_\_\_ Changes in Your Loved One
- \_\_\_ Child Abuse
- \_\_\_ Children, Youth & Family
- \_\_\_ Children Require Rehabilitation
- \_\_\_ Criminal Justice
- \_\_\_ Customer Service
- \_\_\_ Definitions \_\_\_ Discharge Plan
- \_\_\_ Domestic Violence
- \_\_\_ Everybody Knows Somebody
- \_\_\_ Families \_\_\_ Financial Plan
- \_\_\_ Healing Strategies
- \_\_\_ Juvenile Justice
- \_\_\_ Law Officers: Info & Strategies
- \_\_\_ Medication Record
- \_\_\_ Partnering with Professionals
- \_\_\_ Planning Your Recovery
- \_\_\_ Professionals You May Meet
- \_\_\_ Public Programs
- \_\_\_ Psychiatry \_\_\_ Rehabilitation
- \_\_\_ Seniors \_\_\_ Sports
- \_\_\_ Telephone Book
- \_\_\_ Veterans \_\_\_ Victims Services

## Brain Injury Resources

- ABIN-PA InfoLine  
800-516-8052 [www.abin-pa.org](http://www.abin-pa.org)
- Area Agency on Aging (phone book)
- BIAA Help Line  
800-444-6443 [www.biausa.org](http://www.biausa.org)
- BIAPA Resource Line  
866-635-7097 [www.biapa.org](http://www.biapa.org)
- Brain Injury Help Line 866-412-4755  
(free literature, books)
- Disability RightsNetwork(SpEd,TBI,SS)  
800-692-7443 [ww.drnpa.org](http://www.drnpa.org)
- Elks Nurses (PA) 814-781-7860  
(care planning for children)
- Head Injury Program 717-772-2762  
(1 year of rehab, \$100,000 max)
- Health Law Project 800-274-3258  
(help with public benefits)
- Legal Aid (PA) 800-322-7572
- Meals on Wheels [www.mealcall.org](http://www.mealcall.org)
- Medicaid Waivers 800-757-5042  
(lifetime CommCare, OBRA, etc.)
- Medical Assistance 866-542-3015  
(all disabled children are eligible)
- Medicare Coverage 800-633-4227  
(24/7 line, A & B in-home services)
- Medicare Denials 800-322-1914
- Pittsburgh Area B.I. Alliance  
412-761-9870 [www.pabia.org](http://www.pabia.org)
- Social Security 800-772-1213  
(survivors, disability, low income)
- Special Ed Consult Line 800-879-2301
- Special Needs Unit 800-521-6860  
(child federally entitled to rehab)
- Vocational Rehab [www.dli.state.pa.us](http://www.dli.state.pa.us)

## DEFINITIONS

215-699-2139  
1-800-516-8052  
[info@abin-pa.org](mailto:info@abin-pa.org)  
[www.abin-pa.org](http://www.abin-pa.org)



**ACQUIRED BRAIN INJURY  
NETWORK OF PENNSYLVANIA**

**Activities of Daily Living**

Independent living skills like eating, dressing, bathing.

**Acute Care Hospital**

Diagnose and stabilize patient.

**Adaptive/Assistive Equipment**

Independence, safety, ease.

**Autonomic**

Automatic body functions.

**Axons on Neurons**

Long tail that sends messages.

**Brain stem**

Sets heart rate, breathing, etc.

**Central Nervous System (CNS)**

Brain and spinal cord.

**Cerebrospinal Fluid**

Cushions brain and spinal cord.

**Cognition**

Think, remember, plan, know, understand, solve problems.

**Closed Head Injury**

No penetration of the dura mater, a membrane lying under the skull.

**Coma**

Decreased response to stimuli.

**Computerized Tomography Scan**

X-rays showing a cross-section.

**Concussion—see TBI****Contracoup Contusion**

Brain bruise opposite the impact.

**Dendrites on Neurons**

Branches that receive messages

**Diffuse Axonal Injury (DAI)**

Neuron “tails” can’t send messages.

**Edema**

Swelling due to fluid build-up.

**Electroencephalogram (EEG)**

Records brain’s electrical activity.

**Glasgow Coma Scale**

Assesses improvement using best eye, verbal and motor responses.

**Head Injury—See TBI****Hemorrhage**

Bleeding.

**Inpatient Rehabilitation Hospital**

Therapy to restore function.

**Left Cerebral Hemisphere**

Controls language, reading, writing, verbal memory, etc.

**Magnetic Resonance Imagery**

3-D image from magnetic energy.

**Neurons**

The message cells in the brain.

**Neuropsychological deficits**

Memory, attention, organization, and other cognitive deficits.

**Open Head Injury**

Skull and dura mater penetrated.

**Post-traumatic**

Occurring after the accident.

**Rancho Los Amigos**

Measures daily progress.

**Right Cerebral Hemisphere**

Perception/memory of shape, space, understand/express emotions, etc.

**Traumatic Brain Injury (TBI)**

Trauma plus impairment.

Mild—unconscious 0 to 1 hour.

Moderate— up to 24 hours.

Severe—more than 24 hours.

**Visual Neglect**

Ignores anything on one side.

**Working Memory**

Remembers what is happening now, helps organize behavior.