

## Order Brochures or Print from Website

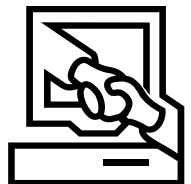
- \_\_\_ ABIN-PA in Action
- \_\_\_ Brain Injury Basics
- \_\_\_ Building New Lives
- \_\_\_ Changes in Your Loved One
- \_\_\_ Child Abuse
- \_\_\_ Children, Youth & Family
- \_\_\_ Children Require Rehabilitation
- \_\_\_ Criminal Justice
- \_\_\_ Customer Service
- \_\_\_ Definitions \_\_\_ Discharge Plan
- \_\_\_ Domestic Violence
- \_\_\_ Everybody Knows Somebody
- \_\_\_ Families \_\_\_ Financial Plan
- \_\_\_ Healing Strategies
- \_\_\_ Juvenile Justice
- \_\_\_ Law Officers: Info & Strategies
- \_\_\_ Medication Record
- \_\_\_ Partnering with Professionals
- \_\_\_ Planning Your Recovery
- \_\_\_ Professionals You May Meet
- \_\_\_ Public Programs
- \_\_\_ Psychiatry \_\_\_ Rehabilitation
- \_\_\_ Seniors \_\_\_ Sports
- \_\_\_ Telephone Book
- \_\_\_ Veterans \_\_\_ Victims Services

## Brain Injury Resources

- ABIN-PA InfoLine  
800-516-8052 [www.abin-pa.org](http://www.abin-pa.org)
- Area Agency on Aging (phone book)
- BIAA Help Line  
800-444-6443 [www.biausa.org](http://www.biausa.org)
- BIAPA Resource Line  
866-635-7097 [www.biapa.org](http://www.biapa.org)
- Brain Injury Help Line 866-412-4755  
(free literature, books)
- Disability RightsNetwork(SpEd,TBI,SS)  
800-692-7443 [www.drnpa.org](http://www.drnpa.org)
- Elks Nurses (PA) 814-781-7860  
(care planning for children)
- Head Injury Program 717-772-2762  
(1 year of rehab, \$100,000 max)
- Health Law Project 800-274-3258  
(help with public benefits)
- Legal Aid (PA) 800-322-7572
- Meals on Wheels [www.mealcall.org](http://www.mealcall.org)
- Medicaid Waivers 800-757-5042  
(lifetime CommCare, OBRA, etc.)
- Medical Assistance 866-542-3015  
(all disabled children are eligible)
- Medicare Coverage 800-633-4227  
(24/7 line, A & B in-home services)
- Medicare Denials 800-322-1914
- Pittsburgh Area B.I. Alliance  
412-761-9870 [www.pabia.org](http://www.pabia.org)
- Social Security 800-772-1213  
(survivors, disability, low income)
- Special Ed Consult Line 800-879-2301
- Special Needs Unit 800-521-6860  
(child federally entitled to rehab)
- Vocational Rehab [www.dli.state.pa.us](http://www.dli.state.pa.us)

# DISCHARGE PLANNING MAXIMIZES RECOVERY

215-699-2139  
1-800-516-8052  
[info@abin-pa.org](mailto:info@abin-pa.org)  
[www.abin-pa.org](http://www.abin-pa.org)



**ACQUIRED BRAIN INJURY  
NETWORK OF PENNSYLVANIA**

## **Essential Role of the Discharge Planner**

There is no greater responsibility than educating individuals and families about next steps in the long and difficult journey of recovery from brain injury. Lacking any familiarity with brain injury until it happens, lay people do not realize what is involved. They may even deny that there are any problems.

### **Assessment**

**LEVEL OF NEED:** Medical, AAA or neuropsychological evaluations may indicate the level of need.

**PREFERENCES:** What does the individual want? What does the family want? What is possible?

**FUNDING:** What funding is available? Is there Medicare, Medicaid, private/employer plans?

### **Planning—Housing**

Can the person return home or to family? Will home modifications be needed. Will a residential brain injury program be needed, or a nursing home? Does the person qualify for Medicaid, the Head Injury Program, CommCare or OBRA?

### **Planning—Work**

For assessment and rehabilitation to help return to work, OVR is available. Check the blue pages.

### **Planning—School**

Contact the child's school district and speak to the Special Education Department. To assist the school with re-entry, contact the Brain S.T.E.P.S. program at 724-944-6542.

### **Planning—Direct Care**

Medicare offers home care under Parts A & B. Medicaid Waiver services are available to keep people in the community instead of nursing homes. Residential brain injury rehabilitation providers are another option.

### **Planning—Rehabilitation For Children**

Disabled children are Medicaid-eligible for brain injury rehabilitation no matter what the income of parents in Pennsylvania. Parents can apply easily through the special program for hospitals, or later on their own. Where parents have insurance, Medicaid will pick up the remainder. In disputes, Medicaid is to pay first and chase the insurer later.

### **Planning—Rehabilitation For Adults**

Disabled adults with low income may be eligible for the Head Injury Program, the CommCare Waiver or the OBRA Waiver, all of which provide rehabilitation. Some services are also available within Medicare and Medicaid.

### **Rehabilitation Services**

Rehabilitation addresses the cognitive, physical and behavioral challenges which follow brain injury and promotes adjustment to a very different life.

Neuropsychological evaluations give the strengths and limitations around which to build the program and are repeated as the person improves.

Neuropsychologists, occupational therapists, physical therapists, speech & language therapists, and other professionals provide cognitive and other therapies.

Clients are helped to adjust; re-trained in lost skills such as reading; learn compensatory strategies; and learn to use assistive technology like watch reminders, communication boards, memory books, etc.