

## Brochures to Print or Order from the Website

- ABIN-PA Services
- Brain Injury Basics
- Building New Lives
- Changes in Your Loved One
- Children Require Rehabilitation
- Criminal Justice
- Customer Service
- Definitions
- Discharge Planning
- Domestic Violence
- Everybody Knows Somebody
- Families
- Financial Planning
- Healing Strategies
- Law Officers: Info & Strategies
- Medication Record
- Partnering with Professionals
- Planning Your Recovery
- Professionals You May Meet
- Public Benefits
- Rehabilitation
- Seniors
- Sports
- Suicide Prevention
- Telephone Book
- Veterans

## Brain Injury Resources

- ABIN-PA InfoLine 800-516-8052  
[www.abin-pa.org](http://www.abin-pa.org)
- Area Agency on Aging (phone book)
- BIAA Help Line 800-444-6443  
[www.biausa.org](http://www.biausa.org)
- BIAPA Resource Line 866-635-7097
- Brain Injury Help Line 866-412-4755  
(PA DOH free literature, books)
- CHIP 484-477-2948  
(Children's Health Insurance Program)
- Disability RightsNetwork  
(SpEd, TBI, SS) 800-692-7443
- Elks Nurses (PA) 814-781-7860  
(care plan if disabled before 22)
- Head Injury Program 717-772-2762  
(1 year of rehab, \$100,000 max)
- Health Law Project 800-274-3258  
(help with public benefits)
- Legal Aid (PA) 800-322-7572
- Meals on Wheels [www.mealcall.org](http://www.mealcall.org)
- Medicaid Waivers 877-550-4227  
(Help at home, COMMCARE)
- Medical Assistance 866-542-3015  
(some adults, all disabled children)
- Medicare Coverage 800-633-4227  
(24/7 line, A & B in-home services)
- Medicare Denials 800-322-1914
- Social Security 800-772-1213  
(survivors, disability, low income)
- Special Ed Consult Line 800-879-2301
- Special Needs Help 800-521-6860  
(Medicaid rehab for children)
- Vocational Rehab [www.dli.state.pa.us](http://www.dli.state.pa.us)

# ARRANGING REHABILITATION FOR CHILDREN AND ADULTS



ACQUIRED BRAIN INJURY  
NETWORK OF PENNSYLVANIA  
Office: 1-215-699-2139  
Messages: 1-800-516-8052  
Fax: 1-215-699-5139  
Email: [info@abin-pa.org](mailto:info@abin-pa.org)  
Website: [www.abin-pa.org](http://www.abin-pa.org)

## HOSPITAL PARTNERS

If hospitalized, a **Neurosurgeon** may perform brain and spinal surgery or an **Orthopedic Surgeon** may operate on other bony structures. An **Insurance Case Manager** may monitor treatment & progress. A hospital **Social Worker** will help resolve problems and may work with the **Discharge planner** to assure funding and services at home or elsewhere.

## ASSESSMENT

Rehabilitation may require assessment by a specialist:

- **Audiologist**—hearing
- **Behavioral Optometrist**—changes in visual function
- **Endocrinologist**—hormone
- **ENT Physician**—for swallowing, breathing, voice problems
- **Neurologist**—seizures, strokes
- **Neuroophthamologist**—effect of brain changes on vision
- **Neuropsychiatrist**—diagnose and prescribe medication for organic brain conditions
- **Neuropsychologist**—assess & counsel on changes in cognition and behavior
- **Physiatrist**—plan and supervise physical medicine rehabilitation

## TREATMENT

Rehabilitation services may include sessions with a:

- **Cognitive Therapist** to restore reading, writing & problem solving
- **Life Skills Coach**—daily activities
- **Occupational Therapist** to restore sensory integration, fine motor, self-help & cognitive skills
- **Physical Therapist** to restore gross motor skills
- **Recreation Therapist** to improve cognition & social skills
- **Speech-Language Pathologist** restore speech & cognitive skills
- **Behavioral Optometrist** for vision & accommodation therapy

## COORDINATION

Since the task is overwhelming, a **Case Manager** might help arrange the rehabilitation program. Also, ask for a **Special Needs Coordinator** in Medical Assistance (physical health managed care) or consult the adult waiver **Supports Coordinator**.

## FINANCIAL & LEGAL

A **Financial Planner** would arrange assets & income for a life care plan. A **Special Needs Trust** might be an option. A **Neurolawyer** could provide advice in brain and/or spinal cord injury cases.

## INDEPENDENT LIVING

Living at home may require hiring **Direct Care Workers** to assist with mobility, hygiene, and daily activities, or this help may be available under Medicare, Medical Assistance or a Waiver. An **Assistive Technologist** would select, obtain, and train in the use of aids to independent living. For help with vehicle modifications and accessible transportation, consult a **Transportation Specialist**. For further assistance, contact your local **Center for Independent Living**.

## CHILDREN

Provide a copy of this brochure to the **Primary Care Physician** who is arranging referrals. CHIP or Medical Assistance should provide whatever is medically necessary. **BrainSTEPS** will train the school and a team member will attend IEP meetings. **Special Education Teachers** help in regular or separate classrooms.

## RESTORATION

**Acupuncture** addresses headaches and muscle function. **Chiropractic** relieves headaches, frees nerves, and restores blood flow to the brain. **Homeopathy** restores brain function. **Hyperbaric oxygen therapy** regenerates the brain.