Nothing so fair as a day in June!

Lots going on—please glance at each page!

How wonderful to have 52 people each at our east and west luncheons this year. Thanks to all who helped or attended.

On May 6th, ABIN-PA was very honored to receive an Inglis Award for Continuing Excellence in disability advocacy—just what we need to advance our mission!

Hoping to see you on June 3rd at the Brain Injury Coalition Awareness Rally for increased waiver funding in the state budget. We hope legislators will approve Gov. Corbett’s $27.7 million for added waiver services.

Our PeerConnect database application is in full swing—call 484-751-5244 for a match. We need a match for a man with TBI in his 20’s!

Loving the green—no snow!

Barb Dively

INDEX—IN THIS ISSUE
1. Editor; Index; Resources; Photo; Events
2. Calendar; May Board Meeting
3. Capitol Rotunda Rally, Donors
4. Call for Support; Mission; Resources
5. Eastern PA Anniversary Luncheon
6. Secondary Transition Conference, Ad
7. Musings after the Brain Health Fair
8. Accessible Vehicles, Housing Conference
10. Donations & Messages

EVENTS
JUNE 3rd—BRAIN INJURY RALLY FOR BUDGET FUNDING TO EXPAND WAIVERS
11:30 am CAPITOL ROTUNDA—HBG
12:30 pm—visit your Rep & Senator
2:00 pm—meet in the Food Court
See Page 3—ALL WELCOME.

JUNE 15—SURFING IN NJ
www.liferollson.org

JUNE 15-17—BIAPA CONFERENCE
www.biapa.org

JUNE 15-21—BIANJ CAMP
www.bianj.org/trek

JUNE 21—ALTERNATIVES FOR TBI
Bryn Mawr—leeandtom01@gmail.com

OCTOBER—ABIN-PA’S ALTERNATIVES CONFERENCE
Speakers on:
Hyperbaric Oxygen Therapy,
Computerized Cognitive Rehabilitation,
Neurofeedback, Homeopathy,
and Vision Therapy.
Location: Center City Philadelphia

For Assistance & Rehabilitation
HEAD INJURY PROGRAM—717-772-2762
COMMCARE & OBRA—877-550-4227

AWARD at ABIN-PA PHILADELPHIA LUNCHEON
Dick & Mary Stoner led the Red Lion Brain Injury Support Group for 15 years.

Photo with permission from Dominic Appleton.
CALENDAR & OPPORTUNITIES

BOARD MEETINGS.  2-4PM SUNDAY LANSDALE
NEW Call-in: 857-216-6700  PassCode:127105
~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
JUNE 3—HARRISBURG CAPITOL RALLY
JUNE 10—PRISON RE-ENTRY—PHILLY
JUNE 15—SURFING, WILDWOOD CREST NJ
JUNE 15-17—BIAPA CONFERENCE
JUNE 15-21—BIANJ TREK CAMP
OCTOBER—ABIN-PA PHILLY CONFERENCE ON ALTERNATIVE TREATMENTS FOR BRAIN INJURY
OCTOBER 27—NASHIA IN PHILLY
NOVEMBER 8—TBI CONSUMERS—PHILLY
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PEER CONNECT PHONE & EMAIL PARTNERS
Do you want to chat with another survivor or family member? Try a PeerConnect match!

BOARD MEETING—5/18/2014

PRESENT: (All welcome!)
Board—Barb Dively, Megan Herlihy, Erika Johnston, Tom Kisling, Dan Rohrback, Madelaine Sayko, Joan Steinberg,
Guests: Ed Crinnion, John Dively.

1. April closing balance $16,421.74.
2. April—1,276 newsletters sent.
3. Discussion on board expansion. Bylaws amendment unnecessary at present.
4. Slogan survey done at both luncheons.
5. 990 EZ materials sent to accountant.
6. Will survey Montgomery County on need for a support group in Notebook mailing.
7. 52 at both Pittsburgh & Philly Luncheons.
8. Discussed concerns with noise and inadequate food at the Philly luncheon.
9. Potential volunteer with computer skills.
10. Board to have a teleconference to finalize Inglis Award plans.
12. Brain Injury Coalition proposing study on effectiveness of Safety in Youth Sports Act
13. Presentation to county re-entry group led them to hire a disability specialist.
14. SE PA Household Health Survey—$4,500 to sponsor brain injury questions.

SELECTED PAST EVENTS:  P = Presentation
2014.05.03—Philadelphia Luncheon
2014.05.06—Inglis Award Ceremony
2014.05.16—Senior Companion Training—P
2014.05.20—Norristown State Hospital—P

SELECTED FUTURE EVENTS:
2014.06.03—Capitol Rotunda Rally
2014.10—ABIN-PA Alternatives Conference

MONTHLY EVENTS:  Brain Injury Coalition
                   (Dorene Pasekoff, Peggy Vietro); Greater North Penn Collaborative (Barb);
                   Montgomery Cty Children’s Roundtable, Truancy Workgroup, Forensic Task Force
                   (Barb); Phoenixville Area Resource Network (Dorene Pasekoff)

Main Line Rehabilitation Associates, Inc.
Home & Community Based Cognitive Rehabilitation Therapy
Serving Eastern Pennsylvania and the Greater Pittsburgh Area
www.mainline-rehab.com
877- 480-6714

PERMISSION GRANTED TO PHOTOCOPY AND DISTRIBUTE UNCHANGED AND AT NO CHARGE TO ALL WHO ARE INTERESTED.
THANK YOU TO OUR DONORS!

APRIL DONATIONS

Renee Austin, John Dively, Lucille Haskins, Karl Williams & Nancy Thaler , Donald Miller, Gerald Myers, Lucas Schaeffer, George Schutt, Steve Silberstein, Patricia Spess, Ronald Yergey.

In Honor of: Philip Morrissey
from Elizabeth Morrissey.

In Memory of: Anne Frock Olson
from John & Carol Frock

Organizations:
Preceptor Delta Xi—Anna Marie Childress

Philadelphia Luncheon:
Dick & Mary Stoner,
Gold Sponsor—The Allen Family
Silver Sponsors—Goodsir Chiropractic & Ride-Away Handicap Equipment Corp.

PLEASE COME—WE NEED YOU!

BRAIN INJURY RALLY
CAPITOL ROTUNDA
HARRISBURG

~~~11:30 AM, JUNE 3, 2014~~~

DIRECTIONS TO CAPITOL
www.pacapitol.com/directions.html

HARRISBURG PARKING
http://parkharrisburg.com/garage-lots/

10:30 am—Arrive at Capitol
Enter the Capitol Building from Commonwealth at the fountain entrance. (Call for info on handicapped entrance). Go thru metal detector. Get a map. Food court on right. Go up the escalator. Walk forward but not down steps. Circle around Rotunda steps.

11:30 am—Attend Rally

12:30—Visit Your Senator & Representative

WHO ARE YOUR LEGISLATORS?
Go to www.legis.state.pa.us or call ABIN-PA for your Senator & Representative.

CALL YOUR SENATOR & REPRESENTATIVE
Ask to meet with a legislative aide after the 11:30 Rally. Time will not be exact. Ask the legislative aides to have your Senator and Representative keep $27.7 million in the budget for Services for Persons with Disabilities so that those with brain injury can have waiver services at home—not nursing homes. (See page 6).

2:00 pm—Meet in Food Court
Under escalator at long tables.

3:00 pm—End of Event

An individual with a neurologic impairment, especially a traumatic brain injury, is the focus of Success Rehabilitation's programs.

Our goal is to help clients obtain a realistic, maximum level of independent functioning in the least restrictive community environment — one that advances individual productivity and well-being.

Success Rehabilitation's CARF-accredited, cost-effective brain injury programs include:

- Residential Rehabilitation
- Long-term Residential Rehabilitation
- Vocational Services

For the rehabilitation needs of your clients with a traumatic brain injury, call:

Phone 215.538.3483 • Fax 215.538.8692
email: success@successrehab.com
web: www.successrehab.com
**CALL FOR SUPPORT**

**Berks**—Eugenia Laux—484-529-3557  
**Chester**—Dorene Pasekoff—610-506-3372  
**Cumberland**—Kim Wolf—717-249-4006  
**Delaware**—Madelaine Sayko—610-715-2057  
**Lancaster**—Wendy Wood—717-393-5990  
**Northampton**—Peggy Vietro—610-704-0440  
**Philadelphia**—Dan Rohrback—215-291-4235

**CAREGIVERS**—Kate—267-731-6035

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**ABIN-PA’s MISSION**

ABIN-PA is dedicated to increasing public awareness about acquired brain injury and to providing support, education, information, advocacy and other services for individuals with acquired brain injury and their families.

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**Do You Know or Care for Someone with an Acquired Brain Injury?**  
...Then You Need to Know About **ReMed**

As a leader in brain injury treatment, ReMed has developed programs that meet the unique rehabilitation and supported living needs of people with acquired brain injury. With locations in the greater Philadelphia and Pittsburgh areas, ReMed’s programs are comprehensive and flexible.

*ReMed*  
Supporting Even the Longest Journey

To find out more about ReMed’s Outpatient, Home and Community-based and Residential programs call 1-800-84ReMed or visit our website at www.remed.com

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**RESOURCES**  
*(PDO = “PA Department of”)*

Aging & Disability Resource Centers—State  
1.866.286.3636

Brain Injury InfoLine—ABIN-PA  
1.800.516.8052

Brain Injury Resource Line—BIAPA  
www.biapa.org, 1.800.444.6443

Brain STEPS—school re-entry  
1.724.944.6542

Client Assistance Program for OVR & CIL’s  
1.888.745.2357

Consumer Protection—PA Atty. General  
1.800.441.2555

Crime Victims—www.pbpp.state.pa.us  
1.563.6399 and 1.800.233.2339

Defense & Veterans Brain Injury Centers  
1.866.966.1020

Disability Rights Network  
1.800.692.7443

Domestic Violence Hotline  
1.800.799.7233

Domiciliary Care—Adult Foster Care 18+  
Blue pages—County Agency on Aging

Epilepsy Foundation of Eastern PA  
www.efepa.org 1.800.887.7165

Epilepsy Foundation of Western/Central PA  
www.efwp.org, 1.800.361.5885

Head Injury Program—Bureau of Family Health  
1.717.772.2762

Health Law Project—Public health benefits  
www.phlp.org, 1.800.274.3258

Legal Aid—blue pages in your phone book  
Legal Clinic for the Disabled—Eastern PA  
215.587.3350

Managed Care—Public Health Insurance  
PDO Insurance, 1.877.881.6388

Parent to Parent—Mentoring  
1.888.727.2706

Resources for Daily Living—Inglis  
www.easiresources.org

Self Determination Housing Project  
www.sdhp.org, 1.877.550.7347

Special Ed Consult Line—PDO Education  
1.800.879.2301

Voting Issues—PDO State  
1.877.868.3772

Waiver HelpLine—PDOWelfare 1.800.757.5042

Waivers—Enrollment—IEB  
1.877.550.4227

Women’s Law Project—EastPA 1.215.928.9801

Women’s Law Project—WestPA 1.412.281.2892
EASTERN PA PHILLY LUNCHEON on ABIN-PA’s 7th ANNIVERSARY

Thanks to everyone who helped with the May 3rd luncheon at the Crowne Plaza Philadelphia West and the fifty-two people who came.

Warm thanks to:
- Andy and Mark Steinberg, Shaie and Neil Dively, for helping with set-up.
- Eastern PA Epilepsy Foundation—brochures
- 4Imprint for marvelous door prizes
- Marlene Nathans for sending 20 potted plants which were taken home by 20 happy people!
- Joan Steinberg for a fantastic Silent Auction and Basket Raffle—and to all the people who donated these wonderful articles.
- Michelle Goodisir for handling the 50/50 with great enthusiasm.
- Dominic Appleton, our own photographer!

And enthusiastic thanks to our speakers for rising above every difficulty to enchant us:
- John Ralston of BuxMontLive for his inspired work as the Master of Ceremonies.
- Kit Summers—who won our hearts with his message and stories and puzzled our brains with his magic tricks—book him if you can!!!!!!!
- Caryn Widrick, Music Therapist—who cast a spell and engaged us in song.
- Sandra McNally for encouraging us to choose assistive technology based on our goals—including computer adaptations.
- The Travis Family—on overcoming tragedy through determination and family solidarity.

Thank you also to our Sponsors:
- GOLD—The Allen Family.
- SILVER—Goodisir Chiropractic, Ride-Away, and Beechwood NeuroRehab.

And to our Exhibitors:
- Hyperbaric Therapy USA
- Liberty Resources Youth Transition Program

PLUS further congratulations to our award winners for their contributions to the brain injury community:
- Dick & Mary Stoner for leading the Red Lion Brain Injury Support Group for 15 years.
- Mike Miller for leading the Brain Injury Coalition and the TBI Advisory Board
- Esther Miller & The Legal Clinic for the Disabled for access to justice.
- Lynda Manley for overcoming great challenges to earn an Associates Degree in Paralegal Studies—who then read a beautiful poem to her Mother on her 93rd birthday!

Continued from the left column.

- Main Line Rehabilitation
- Success Rehabilitation
- Survivors Displaying Achievements
- Temple’s Institute for Disabilities

YES YOU CAN!
Rehab from brain injury.

ACT
alternatives in community treatment, inc.

Bringing Rehab Home

YES YOU CAN!
Rehab from brain injury.

Call today for more information:
800-622-1228
or go online to www.actrehab.com.
Planning for Life After High School

PA Secondary Transition Conference
July 16-18, 2014
Making Transition Happen: Dream, Believe, Achieve
Penn Stater Conference Center & Hotel, State College, PA

Youth/Young Adult/Family Scholarships
Contact Patty Penuccio
800-446-5607
ppanuccio@pattan.net

Registration & Forms
www.pattan.net

STATE BUDGET TO BE SIGNED BY JUNE 30—PRESERVE $27.7M!

The Governor proposes his budget in February, the House and Senate pass a joint budget bill, and the Governor must sign the final budget bill by June 30th for the July 1, 2014 to June 30, 2015 fiscal year.

Governor Corbett’s budget requested $27.7 million in new money for ‘Services to People with Disabilities’ to continue shifting the balance away from nursing homes and toward in-home waiver services.

Please call, visit or email your Senator and Representative to ask them to keep this $27.7 million in the final budget for Services to People with Disabilities.

For more information, call or go to www.legis.state.pa.us to find your legislators.

YOUR HELP IS NEEDED!

2014 NEWSLETTER & WEB RATES

Support ABIN-PA and reach 1,300 survivor, family and community subscribers with your message. Start at any time. Ads run monthly through December 2014. Ad design help and a homepage web link are optional. JPG ad copy is preferred. Newsletters are archived on our website and about 550 additional copies are distributed monthly by subscribers.

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MUSINGS AFTER THE PHILADELPHIA BRAIN HEALTH FAIR
By Robert Dilg

I received an email about the Brain Fair being held at the Pennsylvania Convention Center on April 26, 2014, and immediately thought of my friend, Fran, who had survived a terrible car crash last year. He had suffered a concussion from the crash and I had been his ride to therapy over the course of the past year.

One Monday about a year back, I was a no show as his ride and for three days he attempted to find out why. I was in the hospital, the same one he was taken to after his accident, Christiana Care, in Newark, Delaware. I had fallen fifty feet out of a tree I was trimming on my own property. I lay on the ground for six hours, as I had thoughtlessly been working alone. My neighbor, smoking her last cigarette of the day before retiring to bed, heard my moans. The temperature had reached fifteen degrees. She called the sheriff.

The sheriff who came to look for me could not hear me. I had lapsed into unconsciousness. Laying beneath the evergreen on my property, I was invisible. The call to the sheriff had been interpreted as a search for a possible prowler. A recent storm had brought such prowlers to our waterfront community, looking for homes to burglarize. Finding no prowlers, the sheriff returned to his car to leave. I moaned. He stopped in his tracks, his hand on the car door handle. Five more seconds and I may have been left to die on my own property. It was 11:00 p.m. Flown by helicopter to the hospital, I had broken twenty-six bones, punctured both lungs, and suffered a severe concussion.

Continued on page 9
WHEELCHAIR ACCESSIBLE VEHICLES & ADAPTIVE EQUIPMENT
By Chelsea Grimm, Ride-Away

Purchasing an adaptive vehicle or equipment isn’t always easy. One of the best ways to become familiar with how Ride-Away can help you find the right product is through self education via www.ride-away.com. Our ‘Free Guide to Purchasing a Wheelchair Van’ is also a great resource that you can get, along with plenty of other useful information by signing up for our mailing list at: http://eepurl.com/xPAb5.

Fortunately, at Ride-Away, you can also speak to one of our certified Mobility Consultants about your needs, either in person or on the phone. Our Consultants are highly trained and knowledgeable when it comes to our range of wheelchair accessible products and adaptive equipment, not to mention friendly!

Ride-Away Mobility Consultants can give you all the information you need on our products and equipment. They’re also happy to take you for a test drive in one of our wheelchair accessible vehicles which will accommodate almost any need requiring a lowered floor, wheelchair ramp, raised roof, and/or raised doors. Some additional products and services Ride-Away can help with are: Zero Effort Steering, Left Foot Gas Pedal, Hand Controls, Lowered Floor Vehicle Conversions, and Wheelchair/Scooter Lifts.

As with all major purchases, it is extremely important to educate yourself and find a trusted dealer who has your best interests in mind. Adaptive equipment varies greatly and the peace of mind that comes from working with a Certified Mobility Consultant is invaluable. Know your options and make use of your Ride-Away Mobility Consultant and you will be assured of a safe, secure, and long lasting solution for years to come. Ride-Away in Norristown, PA serves customers in Pennsylvania, New Jersey, and Delaware. Give them a call today at 610.631.2896 for local help with finding your perfect mobility solution!

STATEWIDE HOUSING SERVICES CONFERENCE
June 18-20—Scranton
PENNSYLVANIA HOUSING FINANCE AGENCY—www.phfa.com/hsc

The Road to Recovery
A Weekly Therapeutic Group
Thursdays 9 - 10:30 am
A program for adults with brain injury. Activities include socialization, planning, organization, cognitive rehabilitation, and community outings.
www.thecenterinwarrington.com
215-491-1119

Improve your attention from home!
Use web-based exercises that are shown through independent research to improve attention and working memory. Exercises are guided by a neuropsychologist and progress is measured.
Call for more information! 215-491-1119
www.thecenterinwarrington.com
I am one of the lucky ones. Most folks who fall fifty feet do not live to talk about it. My friend Fran was hit by a drunk driver in a head-on collision, each vehicle traveling at about fifty miles per hour. We both suffered severe concussions and that is why we traveled together to attend the Brain Fair. We are a pair of the lucky ones. But, do not let two concussed men do much together. Confusion reigns.

We arrived on Arch Street and parked. I was born in a hospital on South Broad Street. Fran grew up in the Richmond neighborhood and played football in high school and college. I was a high school gymnast. Together, we own about a dozen concussions. We proudly wear our city kid heritage but are making the effort to understand what we can do to attain brain health and wellness. Could we, with the assistance of a fair damsel and her four-legged friend, commandeer the new parking meters? Barely.

After no less than ten minutes on a beautiful and blustery but warm morning, we made it to the hospitality and registration table, received our lime green cinch bags and made our way to hear the welcoming talks by Dr. Selwa and Congressman Fattah.

We spent the rest of the afternoon enthralled by the education we received, methodically stepping from booth to booth. Fran was able to obtain a bike helmet for the young boy of the family with whom he lives. I sat rapt as I listened to Ben Utrecht, former NFL player, speak eloquently about the risks of the better part of a lifetime spent competing in contact sports.

At the end of the day, we returned to Fran’s home in Delaware and told his friend about our day at the Brain Fair. She was disappointed that we had not told her before we embarked upon our adventure. She has suffered vertigo for nearly fifty years as the result of a fall as a child. Next time, we are taking her along.
REGISTRATION & DONATIONS—June 1, 2014—Page 10

Mail to: ABIN-PA, 2275 Glenview Drive, Lansdale PA 19446. Donations can also be done online at www.abin-pa.org.

Date: _______ Name: __________________________ Phone: ____________ County: ________________

Address: __________________________ City: ____________ State: __ Zip: __________

Apartment /Business: __________________________ Survivor: ___ Family: ___ Other: ___

Email: __________________________________________ Change to email delivery? ___

Donation: Check #________ for $________ Employer Match____ United Way: #45813____

In Memory Of: __________________________ Person to be notified: __________________________

OR In Honor Of: __________________________ (Honoree will be notified.)

Address for Notice: __________________________ City: ____________ State: __ Zip: __________

WATCH FOR DETAILS ~~~~~~ABIN-PA OCTOBER CONFERENCE ON ALTERNATIVE TREATMENTS FOR BRAIN INJURY RECOVERY

ABIN-PA is a 501(c)(3) Pennsylvania nonprofit corporation. Contributions are tax deductible. The official registration and financial information of the Acquired Brain Injury Network of Pennsylvania, Inc., may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732.0999. Registration does not imply endorsement.